

Pizze - pizza

Margherita (v)

Tomato, mozzarella and basil

Napoletana

Tomato, mozzarella, anchovies, capers and black olives

Hawaiana

Tomato, mozzarella, pineapple and ham

Calzone

Rolled pizza filled with ricotta cheese, Italian pepperoni and ham topped with tomato sauce

Quattro stagioni

Tomato, mozzarella, artichoke, mushrooms, ham, Italian pepperoni and onion

Fiorentina

Tomato, mozzarella, spinach, egg and black olives

Quattro formaggi (v)

Mozzarella, Gorgonzola, Parmesan and soft cheese

Ortolana (v)

Tomato, mozzarella and mixed grilled marinated vegetables

Pesto (v)

Pesto base, spinach, baby mozzarella and rocket

Bianca

Tomato, mozzarella, Parma ham, rocket and shavings of Parmesan cheese

La tana

Fresh tomato, mozzarella, grilled chicken and rocket

Piccantina

Tomato, mozzarella, Italian pepperoni, chilli and red onion

Pescatora

Tomato, tuna, red onions, peppers, garlic and olives (No cheese)

Funghi (v)

Tomato, mozzarella and mushrooms

Artista

Tomato, mozzarella, bacon, egg, mushrooms and pepperoni

EACH EXTRA TOPPING

Gluten free pasta available - please ask your server for details

Sfiziosita - extras

Pane all’aglio

Garlic bread

Garlic bread with mozzarella

Garlic dough balls

Bread & butter

£2.95

£3.95

£4.95

£2.95

Olive marinate

Patatine fritte

Chips

Zucchine fritte

£3.95

£2.95

£5.50

£7.95

£8.95

£8.95

£9.95

£9.95

£9.95

£9.95

£9.95

£9.95

£10.95

£10.95

£9.95

£9.95

£9.95

£10.95

£1.00



Antipasti - Starter

Zuppa del giorno (v)

Soup of the day

Tricolore salad (v)

Tomatoes marinated in basil, mozzarella cheese and avocado

Cozze alla crema

Mussels cooked in cream sauce

Calamari fritti

Deep fried calamari served with tatar sauce

Funghi all’aglio (v)

Mushrooms in garlic

Formaggio dorato ai frutti di bosco (v)

Fried breaded brie cheese, served with fruits of the forest sauce

Bianchetti fritti

Crispy deep fried whitebait

Coppetta di gamberetti in salsa rosa

Prawn cocktail

Mozzarella in carrozza (v)

Fried breaded mozzarella cheese with arrabbiata sauce

Prosciutto e melone

Parma ham served with sweet melon

Antipasto la tana

A mixture of seasoned meats, parma ham, pepperoni sausage, mixed olives and home made baked bread

Polpette al sugo

Meatballs of beef cooked in tomato sauce and served with home made bread

Mozzarella sfiziosa

Mozzarella cheese, sundried tomato, rocket, parma ham and pesto sauce

Bruschetta (v)

Toasted bread topped with chopped tomatoes, garlic, olives and basil

Parmigiana di melanzane (v)

Baked aubergine with fresh tomato,basil and mozzarella

Bruschettone

Pizza base topped with chopped tomatoes, garlic, olives, basil and rocket

£5.95

£7.50

£7.95

£7.95

£7.50

£7.50

£7.50

£7.50

£7.50

£7.95

£9.95

£7.50

£8.50

£4.95

£7.50

£7.95

All chicken and meat dishes are served with seasonal vegetables and potatoes or mixed salad.
PLEASE NOTE: Some of the dishes may contain wheat, nuts and dairy products.

All of our dishes are cooked fresh at point of ordering.
In busy times it might take slightly longer for some of these to be prepared.
Please bear with us as we wish to maintain our high standards for every table.

Insalate - salad

Insalata di pomodoro e cipolla (v) Tomato & onion salad	£6.95
Insalata pancetta e avocado Salad with crispy bacon and avocado	£11.95
Insalata alla cesare Chicken Caesar salad with shavings of Parmesan cheese	£11.95
Insalata mista (v) Mixed salad	£6.95
Insalata caprina (v) Warm goats cheese served with marinate vegetables on a bed of mixed salad	£11.95
Insalata sfiziosa Mixed salad with tuna, green beans, boiled egg and dried tomatoes, all accompanied with baked bread	£12.95

Paste fresche e secche - traditional fresh pasta

Lasagna al forno Layers of pasta and meat with tomato sauce, bechamel and Parmesan, oven baked	£9.95
Tortelloni ai funghi (v) Ricotta and spinach pasta in mushroom and cream sauce	£9.95
Girasoli al granchio Ravioli filled with crab meat, ricotta , cooked with mixed seafood	£14.95
Tortellini panna e prosciutto Ham and cheese pasta, cooked in a cream sauce.	£9.95
Penne all’ arrabbiata (v) Tomato and chilli sauce	£8.95
Penne alla matriciana Tomato sauce, red onion, bacon and chilli	£9.50
Tagliatelle al salmone Smoked salmon, sage, cream and a touch of tomato sauce	£9.95
Tagliatelle alla puttanesca Pasta cooked with tomato , black olives , capers , garlic and anchovies	£9.50
Fusilli allo scoglio Fresh pasta in seafood sauce, with langoustine, king prawns, calamari and mussels	£14.95
Penne alla sorrentina (v) Pasta cooked in tomato sauce with aubergine , basil and mozzarella cheese	£9.50
Penne al pollo Pasta cooked with chicken, peppers, garlic, onions with cream and tomato sauce	£9.50
Fusilli al filetto & pepe Braised beef cooked with brandy green pepper corn in brown sauce and touch of cream	£15.95
Spaghetti con polpette Homemade Italian meatballs in delicate tomato sauce	£9.50
Spaghetti alla carbonara Pancetta, eggs yolk, Parmesan cheese and cream sauce	£9.50
Spaghetti alla bolognese Traditional mince meat and tomato sauce	£9.50

Gluten free pasta available - please ask your server for details

Pollo - chicken

Petto di pollo alla Milanese Deep fried breast of chicken with breadcrumbs, served with mixed salad and chips or spaghetti pomodoro	£14.95
Petto di pollo con funghi e crema Chicken cooked with mushrooms, cream and a white wine sauce	£15.95
Petto di pollo alla sorrentina Chicken with Parma ham and mozzarella cooked in a white wine sauce	£15.95
Involtini di pollo al Gorgonzola Breast of chicken stuffed with mozzarella and Gorgonzola cheese, wrapped in Parma ham, served with Gorgonzola sauce	£15.95
Pollo alla paesana Breast of chicken with spinach, chilli, garlic, cooked in a white wine sauce	£15.95
Pollo alla cacciatora Breast of chicken cooked in tomato sauce with mixed peppers, black olives and chilli	£15.95

Risotti - Risotto

Risotto ai frutti di mare Mix seafood risotto	£14.95
Risotto ai funghi porcini (v) Porcini mushrooms sauce	£12.95

Manzo - beef

Filetto alla griglia Grilled fillet steak served with mushrooms and grilled tomato	£25.95
Filetto beconato Fillet steak wrapped in smoked bacon, served in a blue cheese sauce	£25.95
Filetto al pepe verde Fillet steak in green peppercorn sauce	£25.95
Filetto ai funghi porcini Fillet steak in porcini mushrooms sauce	£25.95
Hamburger La Tana Homemade hamburger served with homemade bread, onion, tomato, salad and melted cheese,served with fries	£11.95

Anatra - duck

Anatra all’arancia Oven baked duck breast with arancia Cointreau sauce	£16.95
Anatra all’amarena Roasted gressingham breast of duck cooked with black amarena cherries sauce sided by a blueberry sorbet	£16.95

Pesce - fish

Pesce spada alla pizzaiola Baked swordfish with tomato, oregano, capers and olives	£16.95
Spigola al limone e patate Oven cooked seabass with lemon, served with crispy garlic potatoes	£16.95
Salmone al pesto Salmon fillet cooked in a delicate basil and pesto sauce served with spaghetti, garlic, olive oil and chilli	£16.95
Salmone allo zafferano Salmon steak cooked in a delicate cream and saffron sauce with spring onion	£16.95